DECISIONS & TRADEOFFS LOG

(Because life isn't about perfect choices - it's about the least annoying option)

What I decided	What I would've	Tradeoff I
in 3 seconds	decided after 3	knowingly
(a.k.a. my instinct who	days of analysis	accepted
is tired of my overthinking)	(why make a decision	(the price of inner
0 · 0 · 0 · 0 · 0 · 0 · 0 · 0 · 0 · 0 ·	once, when you can torture yourself)	peace or at least 20% less spiraling)

Remember: there's no such thing as the perfect choice.

Just the one that won't make you want to scream

into a pillow later.

Progress, not paralysis.

